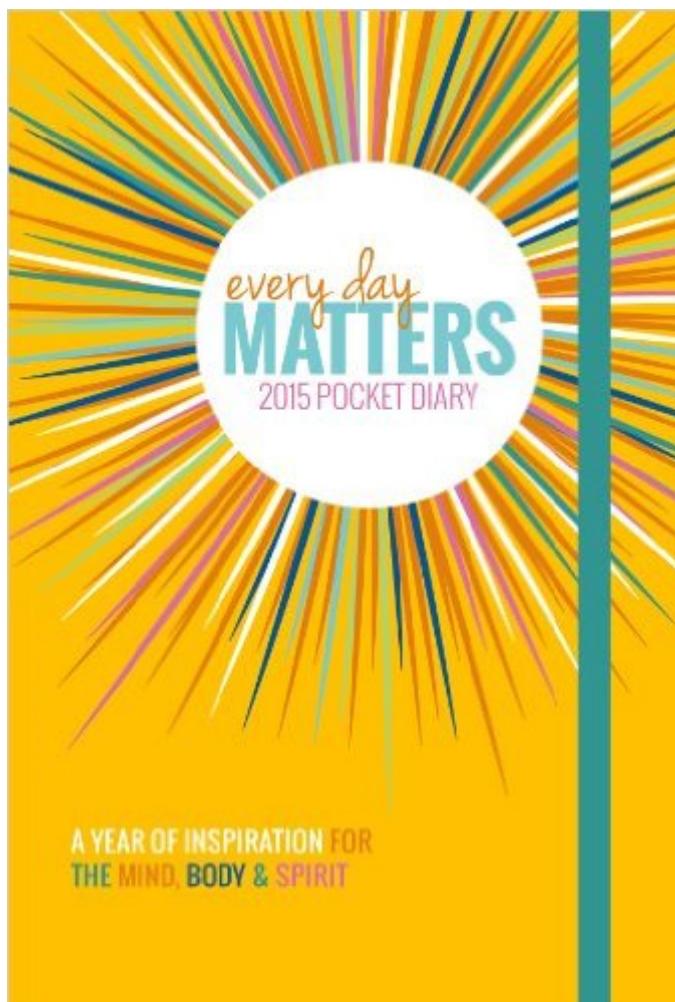


The book was found

Every Day Matters 2015 Pocket Diary: A Year Of Inspiration For The Mind Body & Spirit



Synopsis

A pocket-sized 2015 engagement calendar with bound-in bookmark. This bestselling illustrated holistic diary provides not only plenty of space for daily planning but also offers inspiring advice on how to make each and every day really matter. Designed as a resource for enriching daily life, it will guide you on a journey of awareness and fulfilment as you go about your everyday activities. It's all-too-easy to become overwhelmed with multiple thoughts each day as our to-do lists grow, so positivity blogger Dani DiPirro insightfully presents within this highly practical diary one life-enhancing theme a month to focus on in the form of a simple verb, such as "love", "explore" and "marvel". Each week-to-view spread then features an inspiring quote that encourages reflection on the theme and an exercise to further your holistic well-being. Focusing on just one theme for each whole month, but in a different way each week, allows a seed of positive awareness not just to be planted but also to grow substantially so that the positive action can become an integral part of daily life. Individual themes for the months of 2015 are: Organize, Love, Change, Explore, Create, Nurture, Inspire, Refresh, Learn, Share, Marvel and Believe. So here's to a year ahead where we really do make every day matter.

Book Information

Calendar: 176 pages

Publisher: Watkins Publishing (August 19, 2014)

Language: English

ISBN-10: 1780288158

ISBN-13: 978-1780288154

Product Dimensions: 5.9 x 3.9 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #1,947,844 in Books (See Top 100 in Books) #55 in Books > Calendars > Inspirational #7888 in Books > Health, Fitness & Dieting > Mental Health > Happiness #11614 in Books > Religion & Spirituality > Worship & Devotion > Inspirational

Customer Reviews

I have no problem with the shipping if item from retailer. I wanted the desktop, smaller size, so I can carry in my purse. Unfortunately I don't like the binding. Every time I try to open the book to write in it, I feel like I'm going to break the calendar. Would have been better to do spiral for both versions. I really like the inspirational things, as I'm trying to change my mindset. But there are monthly reviews

, but no activity to do at the beginning of month to think about priorities ahead of time.

I just received it, and it could not be more perfect! It is adorable to look at. Though it's not 2015 yet, I thumbed through the pages, and I cannot wait to start using it. Each month's theme is well thought out, the weeks coordinate well, and I'm sure I will be more organized and perhaps more well rounded if I stick to the challenges throughout. I have used many planners and journals, and I could not recommend this one more!

Great diary...not really pocket size but smaller than the one I had been buying for many years. Lots of great quotes, hints about making life a bit easier and other tidbits that make this a fun way to keep one's appointments straight. Will definitely purchase again for 2016.

PRINT IS WAY TO SMALL FOR MY EYES, HAVE TO USE A MAGNIFY GLASS.

great daily calender with motivation. highly recommended

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